

# Re-Discover Your Vitality



# LIPO CINJECTIONS

- BURN FAT
- BOOST METABOLISM
- CONVERT FAT INTO ENERGY

# Why Should I Get An IV Drip?

Research shows that our gut, or GI tract, is essential for much more than just digesting food. It influences all aspects of health from fighting infections, preventing mood disorders, boosting immunity and controlling inflammation in the body. As we get older, our gut is not able to absorb nutrients as efficiently and we lose the benefits of those nutrients which can help us maintain wellness and overall good health.





IV infusions are a fast, safe and smart way to hydrate and bypass our aging gut and ensure that we get enough essential micro nutrients into our body to counter act the aging process, increase energy and restore Vitality.

Vitality Hormones & IV Bar offers an amazing menu of customized IV drips, specially crafted and researched by our board-certified physicians and nurse practitioners to help you live your best life!





# Want to make the best even better?

Vitality can supercharge your drips with additional nutrients, extra energy, stronger pain relief and agehalting extras to take you to the next level in health and wellness!

## The Vitality Drip

Energy, Metabolism & Immune System Boost

This is our foundation drip. A well-rounded wellness drip that gives you just what you need. It contains a balanced number of vitamins, micronutrients, minerals & antioxidants meant to nourish the body and restore your vitality. It increases energy and speeds up metabolism. The Vitality Drip gives your immune system a good boost and helps to decrease fatigue, improve mood & even helps PMS symptoms for the ladies. It promotes healthy brain function, stimulates gut activity, while also preventing cell damage & treating toxicity.

ALSO AVAILABLE IN A MINI SIZE TO SAVE TIME & MONEY

# The Detox Drip

Energy & Body Cleanse



Nothing looks as good as healthy feels. With high levels of vitamins and antioxidants to neutralize toxins and waste The Detox Drip boosts your energy and improves overall mood while detoxifying the body. It helps to prevent bloating & supports healthy digestion, so you can be more present in your meditation, exercise and healthy lifestyle.

- Vitamin C
- Magnesium
- B-Complex
- Pyridoxine HCL
- B12
- Dexapanthenol

### SUPERCHARGE IT WITH

Glutathione, taurine, multi-trace or zinc

- Glutathione
- Vitamin C
- B-Complex
- Multi-Trace

### SUPERCHARGE IT WITH

B12, Magnesium and Alpha Lipoic Acid to enhance and amplify the power of the antioxidants for maximal effect.

### Serenity Drip Stress Reduction & Sleep Improvement

Life can be stressful...REALLY stressful, whether it's driving around 2 kids with a million activities or crushing it at the office while climbing the corporate ladder. Anxiety pills are addicting, while two weeks in Maui only lasts two weeks. That's where The Serenity Drip comes to the rescue. Our all-natural anti-anxiety formulation will gently calm the nervous system and the mind to help prevent insomnia and to support deep restorative sleep without the use of sleep aids or medication which can become addictive. The Serenity Drip can't change the circumstance of your stressful life, but it can sure help you respond better.

- GABA
- Magnesium
- Taurine
- Theanine

### The Hangover Drip

The POST PARTY-Nausea, Body Aches, Headaches

Yeah, it was definitely a night to remember, and now you need a drip to help cure the aftermath. Vitality's Hangover drip erases the headaches and body aches from your night out while helping to calm any nausea you may have and rehydrating you back to the rock star you are.

Ketorolac
Zofran
Decadron

#### SUPERCHARGE IT WITH

B12, B-Complex or an extra dose of Decadron to feel better even faster

### The Hangover **Prevention Drip**

The PRE-PARTY Drip-Energy, Detox

For the smart ones. You've played this game before and understand that a liter of prevention is, well, priceless. The HPD will get you amped up for a night of fun without worry about the morning after. It gives you the energy you need and helps boosts your mood to get things started right. Plus, this pH-balanced drip will keep you wellhydrated, whether you're just hanging with your friends, watching the big game, or dancing for hours at your favorite club. The Hangover Prevention Drip sets you up to have the most perfect night, and morning after.

- Ketorolac
- B12
- Vitamin C
- Taurine

### SUPERCHARGE IT WITH

Caffeine or Glutathione for that extra energy to keep you going all night

# **The Performance Drip** THE BEAST

**Exercise Enhancement** 



You don't just work out. You commit to win. Whether it's beast mode when you lift, being the top performer in your CrossFit group or choosing to look and feel amazing as people half your age stare in disbelief and envy, you've met your drip. The Beast drip maximizes your performance by increasing your stamina and delivering the essential ingredients needed to build lean muscle-fast. If you're already optimizing your hormone balance with Vitality, the Beast drip is the perfect enhancement to maximize lean muscle growth while enhancing the release of HGH (Human Growth Hormone) which improves healing and muscle recovery. It combats dehydration, decreases muscle fatigue and is great for faster muscle recovery after those tough workouts.

- L-Carnitine L-Arginine
- Tri-Amino BCAAs

### SUPERCHARGE IT WITH

B12, B-Complex, Decadron or Ketorolac

### **Immunity Boost Drip**

Immune System Enhancement & Energy Boost



With nastier bugs hitting us harder every day and the Influenza virus changing every year, your immune system is the primary defense system keeping you well. Vitality is here to help you fight back and keep you healthy. The Immunity Boost Drip helps to keep common illness' at bay by boosting the immune system, ramping up your energy levels and providing the vital nutrients necessary to help your immune system fight off germs like a boss! You don't have time to be sick, so BE **INVINCIBLE**.

### THE SKINNY Drip Weight Loss

weight Loss

THIS DRIP WILL GET YOU BACK IN YOUR SKINNY JEANS IN NO TIME!

You're doing it right. Time to take your weight loss regimen to the next level with Vitality's Skinny Drip! With all-natural fat burners these ingredients are designed to help speed up your metabolism and target fatty deposits that allow your body to break down fat faster. The Skinny Drip may also help reduce cholesterol, increase stamina, and support faster muscle recovery. This drip will get you back in your skinny jeans in no time!

- Vitamin C
- B-Complex
- Multi-Trace
- B12

#### SUPERCHARGE IT WITH

Zinc which helps fight colds and viruses to speed up your recovery, while you can add Zofran and Decadron to eliminate nausea if your stomach is the primary victim in this battle.

### • MIC

- L-Carnitine
- Taurine

#### SUPERCHARGE IT WITH

Additional B complex, Vitamin C and Caffeine to help supercharge your fatburning metabolism.

# Pain & Inflammation Drip

Designed by our staff of board-certified Pain Management Physicians; you know it works! Let's face it, everyone has pain sometimes, especially when you're pushing yourself and living your best life. Our drip works by significantly reducing pain & inflammation with high levels of antioxidants and some of the most powerful anti-inflammatory ingredients we know. The Pain Eraser combats free radicals, which can amplify pain and inflammation, while stopping the release of pain chemicals in your body. Injury, arthritis, and muscle strains and pains, are erased so that you feel better, heal faster and live life to the fullest.

### THE PAIN ERASER

- Ketorolac
- Decadron
- Glutathione
- Multi-Trace

#### SUPERCHARGE IT WITH

Tri-Amino, Magnesium and Decadron

### **NAD+ Drip** Anti-Aging & Vitality THE FOUNTAIN OF YOUTH



There is a huge difference in aging and aging well. That's why you're here and that's why Vitality created the NAD+ drip. NAD+ is a powerful coenzyme which is absolutely essential for life, and scientists have made incredible progress in understanding how its anti-aging properties provide benefits from head to toe.

### So, what does NAD+ do?

Basically, it keeps each cell running like a tiny, well-oiled machine by promoting metabolism and DNA repair. When your cells live longer and function in top form, you enjoy clearer skin, thicker hair, more energy, and less brain fog. In other words, you feel (and look) young!

Please note that because the ingredients in the NAD+ drip are so powerful; it must be given slowly over two hours. So, make sure you plan to stay a bit longer with us when you get the Fountain of Youth drip.

# Supercharge Ingredient List

Any of these vitamins and nutrients may be added to supercharge most drips or to customize your own personal formula.

While most supercharge items may be added to any drip at any time, there are a few that are limited for your safety and wellness, because sometimes more isn't always better. Our drips were carefully crafted by our expert team of Board-certified physicians and nurse practitioners to offer you the best drips to help you safely meet your goals faster and easier. That's our commitment to ourselves and to you.

Please feel free to ask us about any item in our drip menu and keep coming back, as we are continually working to craft high-quality and effective drips to help you live your optimal life.

### Vitamin C

Vitamin C, also known as ascorbic acid, is necessary for the growth, development and repair of all body tissues. It's involved in many body functions including immune system support, wound healing, as well as maintenance of cartilage, bones, and teeth. The more we study vitamin C, the better our understanding of how diverse it is in protecting our health from cardiovascular disease, cancer, stroke, eye health and immunity.

### Magnesium

Magnesium is a trace mineral that is needed for more than 300 important metabolic pathways within the body. It helps to maintain normal nerve and muscle function, supports a healthy immune system, keeps the heartbeat steady, and helps bones remain strong. It also helps adjust blood glucose levels and aids in the production of energy and protein stores. There is ongoing research into the role of magnesium in preventing and managing disorders such as high blood pressure, heart disease, and diabetes.

### **B** Complex

Contains Vitamins B1 - B6. These vitamins are needed for over 100 important chemical processes in the body. Some of the important ones include cellular DNA repair, production of sex and stress hormones in the adrenal glands, brain development, neurotransmitters function and boosting the immune system. Deficiencies in these vitamins often cause mental fog, fatigue and malaise.

### B12

Also called Cobalamin, this essential vitamin must be taken from an external source to be used for normal function of your nerve cells and is needed for red blood cell formation and DNA synthesis. Vitamin B12 may benefit your body in impressive ways, such as boosting your energy, improving your memory and helping prevent heart disease. B12 has also been known to help suppress appetite while dieting.



### Zinc

Zinc is an essential mineral that must be taken from an external source. It's an important mineral that is used in the normal function of the immune system as well as maintenance of collagen; the fundamental unit that holds skin and organs together. What's more, body growth and development rely on zinc because of its role in cell growth and division. Supplementation of zinc may have anti-aging properties and immune boosting properties.

### Multi-trace

Contains elements Zinc, Copper, Manganese, Chromium, and Selenium. These minerals are essential for normal cell function including supporting healthy thyroid and adrenal function and immune system performance. Increased supplementation shows evidence of anti-aging benefits, immune boosting and anti-inflammatory properties.

### Glutathione

Glutathione is a cellular antioxidant. It's comprised largely of three amino acids: glutamine, glycine, and cysteine. Antioxidants are substances that prevent and slow damage to cells by counteracting metabolic waste and environmental stressors that can permanently damage your cells. Research as shown correlation between Glutathione depletion and the development of cardiovascular disease such as hypertension, neurodegenerative disease such as Alzheimer's and **Chronic age-related diseases such as cataracts, macular degeneration, hearing impairment, and glaucoma.** 

### L-Arginine

L-Arginine is an important amino acid which is an important building block for skeletal muscle growth and repair. L-arginine is converted in the body into a chemical called nitric oxide. Nitric oxide causes blood vessels to open wider for improved blood flow. L-arginine also stimulates the release of growth hormone, insulin, and other substances in the body. All the above factors make this a good supplement for muscle building and improved erection quality.



### Toradol (Pain Relief)

This is a strong anti-inflammatory medication that reduces swelling and pain. This pain medication is effective in treating a variety of pain complaints such as muscle pain, joint pain, headaches and even kidney stones.

### Zofran

A popular anti-nausea medication that has rapid onset within 5 to 10 mins with an effect that last 8 to 12 hours.

### Decadron

This is a strong anti-inflammatory medication that reduces swelling and pain and provides anti-nausea properties. It is frequently used as an effective medication to treat migraines, muscle pain, or autoimmune diseases. When used together with Toradol, it has a superior effect.

### Caffeine Benzoate

A metabolic and central nervous system stimulant that may promote weight loss by increasing fat metabolism, it is also effective in treating migraine headaches that is refractory to oral medications.





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